

# PANTHER PRIDE

October 2009

Volume VI Issue 1

## ANNOUNCEMENTS

HARVEST FESTIVAL  
AND RUMMAGE SALE  
October 24th

FALL MUSICAL  
"The BOYFRIEND"  
November 18th–21st

THANKSGIVING BREAK  
November 23rd–27th

HS FINAL EXAMS  
December 15th–17th

WINTER BREAK BEGINS  
December 18th

STUDENTS RETURN  
FROM WINTER BREAK  
January 5th

## EARLY RELEASE DAYS

October 19th  
November 2nd  
November 16th  
December 14th

WINTER CONCERTS  
CHOIR AND  
INSTRUMENTAL  
December 9th  
At 7:00 pm in the  
Marr Auditorium

WINTER ARTS  
FESTIVAL  
December 8th  
At 7:00 pm in the  
Marr Auditorium

University  
Preparatory School  
2200 Eureka Way  
Redding, CA  
96001990  
(5300 245-2790)

www.ups.suhsd.net

## Superintendent/Principal's Corner... Erin Stuart

### STATE OF THE SCHOOL

We had a great opening to school this year, with our largest and most stable enrollment since we started in 2004. Most families were able to pick up schedules and other information at Arena Day on August 10th. Our parent organizations signed up hundreds of volunteers and new members as we began our second year with a 10 hour yearly participation requirement. Back to School Night was very well-attended with over 600 families present. Since school began several junior high and high school teams have been competing (volleyball, football, soccer, cross country, and swimming). There was such a large turnout for junior high volleyball that we added a sixth grade team and our swimming team has 28 swimmers. If you attended the last home football game, you heard the junior high Drum Corps students adding to the noise and excitement of the event. There was also a lot of interest in the musical, with over 70 actors, singers, and dancers auditioning for *The Boyfriend*. Although the junior high soccer and volleyball seasons have ended, there are still several opportunities to support the high school cross country, swimming, volleyball, soccer, and football teams. Come on out and show your Panther Parent spirit.

There have been some additions to the staff and changes in titles/duties. Science teacher Gina Johnson grew up in Anderson and has joined the 6th grade team replacing Lane Carlson, who is working long hours as our Athletic Director/Administrative Intern. Other changes in the administrative team include Michele O'Leary being promoted to Assistant Principal and Kathy Malain taking on the Associate Principal role. This will allow me to focus more on the superintendent's role in the community. Jenny Adams and her family moved to Redding this summer from McKinleyville where Mrs. Adams taught language arts and social studies for several years; she joins the 7th grade team and also teaches the Rota Technology classes. Finally, math teacher Ana Frye is teaching Pre-Algebra half-time; she comes to us with experience teaching every level of junior high and high school mathematics.

The World Languages Department continues to add higher level classes (Russian III and Chinese IV); Dr. Cheng is also offering Chinese in the Rota for 6th graders. For the first time, advanced math and science students are enjoying the opportunity to take AP Calculus BC and AP Physics C. Counselor Matt Williams is teaching the Peer Mentoring class; the high school mentors can be seen most lunches leading games with the junior high students. Along the same lines, the Big Brother/Big Sister program (under the direction of Michelle Johnson and Melissa Gulden) is flourishing; already a large group of 8th graders and their "bigs" (high school students) enjoyed a Friday night of skating and fun.

If you read the *Record Searchlight* on September 15th, you learned that U-Prep was the highest performing small high school on the STAR and California Standards tests in Shasta Co. The paper makes a distinction between the small and large high schools. While comparing U-Prep to a larger, comprehensive high school could be termed comparing "apples and oranges," it has been useful to monitor our own progress as both U-Prep and other local schools increase their scores. Both our junior high and high school scored the highest in Shasta County; our combined API (Academic Performance Index) score was **873**. Like last year's "State of the School" newsletter, the first chart below shows the API scores of area schools. As you can see, all of the SUHSD schools, including U-Prep, continue to perform well above state averages of 742 for all schools and 702 for high schools.

## High Schools

School	Score	School	Score
Foothill	820	Chico	753
Shasta	805	Paradise	740
Pleasant Valley	798	Anderson	721
West Valley	765	Las Plumas	720
Enterprise	771	Corning	720

## Charter Schools

School	Score
U-Prep	872
SSHS	733
RSA	831
ANTHS	809

## Elementary / K-8

School	Score
Grant	901
Millville	869
North Cow Creek	851
Boulder Creek	869
Turtle Bay	835

Looking at CST scores in specific subject areas, U-Prep High School students continue to excel in English Language Arts, World and U.S. History, Algebra I, Biology, and Chemistry. In each of these tests our students scored highest in comparison to area schools from Butte, Tehama, and Shasta counties. Our 6th, 7th and 8th graders also performed at or near the top in mathematics, science, history, and English Language Arts. Achievement on the Advanced Placement tests continues to improve with a 67% pass rate on all tests and a great showing by Micro Economics, Calculus, and English Composition and Literature students (with 90-100% passing rates).

As always, I am amazed by the dedication of the faculty, the hard work and discipline of the students, and the support of the parents and guardians. At our football game last Friday I had the opportunity to speak with several alumni. Without exception, the graduates stated that they had been very well prepared to be academically successful in college. They also expressed gratitude for the non-academic skills they learned at U-Prep. Through their Advisory and Tutorial classes, they learned how to navigate the real world of college: personal discipline, time management, and social adjustment. With the support of their families and the example of the U-Prep staff they also came to value inclusiveness, diversity, and loyalty. These 2008 and 2009 U-Prep graduates embody our mission to foster the development of confident, capable, and compassionate citizens.

### WHAT DOES IT MEAN TO BE A MERIT SCHOLAR?

The National Merit Scholarship Program is an annual academic competition, based on student performance of juniors on the PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test). Over 1.5 million students in 22,000 high schools took the test—16,000 are semi-finalists and are now qualified to continue in the competition for the National Merit Scholarships that will be awarded in spring 2010. The number of semi-finalists in each state is proportional to its percentage of the total number of graduating seniors. About 8,200 scholarships will be offered in 2010, ranging from \$2,500 to \$5,000. Even more important is what qualifying as a semi-finalist says about the student. This year U-Prep was fortunate to have two students qualify as semi-finalists and go on to compete for finalist status. Seniors Marie Sbrocca and Iva Weidenkeller are committed scholars and excellent candidates to go forward and qualify in this process. Being a Merit semi-finalist is an outstanding accomplishment. Congratulations to both of you, and good luck as you continue to compete.

U-Prep swimming is headed into the final two weeks of the 2009 season with 18 swimmers having made sectional cuts and setting 7 new school records. A strong girls team looks to compete well at NAL and D-2 championships with seniors Ellen Copsey, Sofia Prokop and Keeya Singer leading the way. Seniors Tyler Kruger and Mark Vincilli along with sophomores Ryan Morlan and Lorne Potter have swum well as the boys team continues to build late season momentum, having recently bested Central Valley, Redding Christian and Yreka.

Three meets remain on the 2009 schedule: NAL championships on Oct. 21 and D-2 championships on Oct. 28 (both at West Valley) and CIF Masters Championships at Shasta College on Oct. 31.

### Counseling Corner:

We've had an excellent beginning to the 2009-10 school year! Schedule changes were at an all-time low because the Counseling Center staff did an excellent job with spring and summer course registrations. Students are in full-swing with activities, sports, and academic coursework. Quarter grades will soon be mailed; remember these are progress grades that build upon the final grade at the semester. During this busy time it is important to create and maintain a healthy routine for homework, extra curricular activities, and family time.

U-Prep staff prides itself on supporting student success. Students will be successful if they follow these study tips

- Designate a consistent time during the evening for homework.
- Find a quiet place to study (create your own study-space).
- No missing assignments (turn in all your work).
- Ask your teacher for help when you need it.
- If you are absent talk with your teacher about what you missed and turn it in.
- Study and be prepared for tests.
- Use Aeries weekly to monitor grades and assignments.

Here's to a great year!

Tammy Gatlin and Matt Williams

Our **Ducky Derby** sales were our best ever! We raised \$12,435 toward class trips for 6<sup>th</sup> grade through Sophomore year and college trips for the Upper Classmen. Our **eight top sellers enjoyed a limo ride** to Angelo's for a celebratory lunch: Bryan Wells (210 ducks), Ashlee Gilmette (68 ducks), Erin Howard (68 ducks), Derek Yorton (60 ducks), Claire Pfeiffer (61 ducks), Chuck Daubs (55 ducks), Ryan Frommer (42 ducks) and Bill Wallace (36 ducks). They were accompanied by **Shelley Paramo**, our Counseling secretary, to express our gratitude for all of the hard work she did tabulating Ducky Derby ticket sales. **Mr. Raudman's Advisory** sold the most ducks overall (348), with **Mr. Reagan, Mrs. Ampì, Mrs. Angley, Mrs. "Coach" Johnson, Mr. Bird, and Mrs. Von Dachenhausen's** Advisory classes also receiving ice cream parties for top weekly sales. Gift cards were awarded to students who accomplished our school goal of selling 5 Ducky Derby tickets each. Thank you to all of our parents, staff members and students who participated in making this years' fundraiser a huge success!



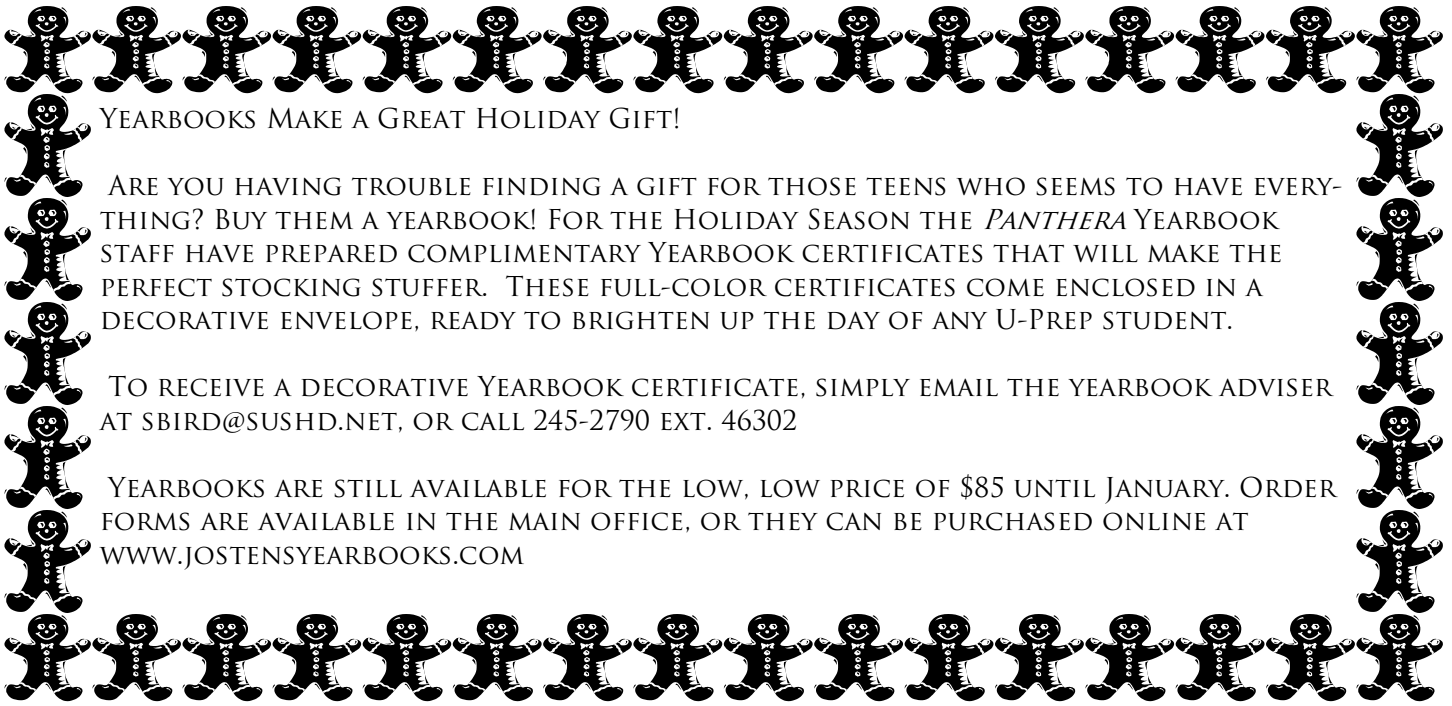
### Interact Club (Service Above Self)

Interact is a Rotary-sponsored service club. This club organizes a variety of projects and activities, depending on the interests of the club members; however, all activities must enhance leadership skills, serve the community, and expand international understanding. U-Prep's group consists of approximately 45 students and continues to grow.

The club's officers are Brianna O'Leary, President; Tennyson Jones, Vice President; Francesca LiVolsi, Secretary; and Cynthia Yee, Treasurer. Heading up our *Environmental Project* are Sapphire McFarland and Emily Wright, the *Health Project*: Kimmy Micheletti and Susannah Ryan, and the *Community Project*: Nikole Knak and McKenzie Hoffman.

Upcoming events include trick-or-treating for UNICEF, helping Rotary with Thanksgiving baskets, Adopt-a-family for Christmas, and the annual Interact Conference in El Cerrito on November 8.

For more information, contact Sally vonDachenhausen (faculty adviser) at 530-245-2790 or svond@suhsd.net.



YEARBOOKS MAKE A GREAT HOLIDAY GIFT!

ARE YOU HAVING TROUBLE FINDING A GIFT FOR THOSE TEENS WHO SEEMS TO HAVE EVERYTHING? BUY THEM A YEARBOOK! FOR THE HOLIDAY SEASON THE *PANTHERA* YEARBOOK STAFF HAVE PREPARED COMPLIMENTARY YEARBOOK CERTIFICATES THAT WILL MAKE THE PERFECT STOCKING STUFFER. THESE FULL-COLOR CERTIFICATES COME ENCLOSED IN A DECORATIVE ENVELOPE, READY TO BRIGHTEN UP THE DAY OF ANY U-PREP STUDENT.

TO RECEIVE A DECORATIVE YEARBOOK CERTIFICATE, SIMPLY EMAIL THE YEARBOOK ADVISER AT [SBIRD@SUSHD.NET](mailto:sbird@sushd.net), OR CALL 245-2790 EXT. 46302

YEARBOOKS ARE STILL AVAILABLE FOR THE LOW, LOW PRICE OF \$85 UNTIL JANUARY. ORDER FORMS ARE AVAILABLE IN THE MAIN OFFICE, OR THEY CAN BE PURCHASED ONLINE AT [WWW.JOSTENSYEARBOOKS.COM](http://WWW.JOSTENSYEARBOOKS.COM)

# Dead to the Last Drop

Written and Directed by Lisa Collins  
Riverfront Playhouse  
December 3, 2009

*Dead to the Last Drop* is actually quite a fun, festive, holiday party, musical, interactive mystery set at a winery celebrating the winemaker's daughter's return from college for the holidays and the release of their latest vintage. Riverfront has performed this play since 1998 for many corporate Christmas parties, and it's always been an absolute blast. There is audience participation in wine-tasting, cork-screw testing, a few roles, and actually solving the mystery, with prizes going to the winning answers.

**This is great and appropriate fun for the whole family. Tickets are on sale now for only \$20. Contact Sean Bird: [sbird@suhdsd.net](mailto:sbird@suhdsd.net) or Sally vonDachenhausen: [svond@suhdsd.net](mailto:svond@suhdsd.net) or any yearbook student.**

The U-Prep boys high school cross country team has had a very successful and fun season so far. In spite of being very young (4 freshmen, 2 sophomores, and 1 junior), they are the top ranked Division 5 team in the North Section. At the recent West Valley Coed Invitational, in which 28 teams participated, U-Prep placed an amazing 5th place. This was against many large Division 2 and 3 teams such as Chico, Pleasant Valley, Shasta, and Foothill as well as several Southern Oregon powerhouses.

The team is led by "veterans" Michael Ward (JR) and Daniel Johnson (SO), Michael is presently ranked 35th in the state in Division 5 (milesplitcalifornia), Daniel is a returning state championship placer (15th) who is presently ranked 3rd in the state in Division 5. The team's success hinges on the five very talented and hardworking new runners to the team: Zeke Humphrey (FR), Jacob Armelino (FR), Mason Dion (SO), Nathan Hernandez (FR), and Calen Badger (FR).

Please come and cheer the team on at the upcoming championship meets (both at West Valley High School) on November 4th (Small Schools Finals) and November 12th (North Section Finals) as they strive to achieve their team goal of qualifying for the State Championships.

Coach Johnson

## Musical Notes from Mrs. Johnson

This year marks the full growth of the strings program at U-Prep. In four years, the program has grown from a single Beginning Strings class to three strings groups ranging from beginner to our high school level orchestra. We now serve seventy string musicians! The orchestra has also had the opportunity to join Mr. Fowers' band students for a full orchestra experience. U-Prep's drum corps is also maturing. Friday, October 8th was the football drum corps' debut.

Help Students Visit College Campuses

Buy Coffee

UNIVERSITY  
PREPARATORY  
SCHOOL



THANK YOU  
FOR YOUR SUPPORT!

**BREAKFAST BLEND**

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Humboldt Bay Coffee Company  
www.humboldtcoffee.com  
800-787-JAVA  
Net Weight: 12 oz



## UNIVERSITY PREPARATORY SCHOOL

100% of the proceeds from this fundraiser will be used to fund college visits to state and private universities.

THANK YOU  
FOR YOUR SUPPORT!



Coffee

Help support our cause by drinking  
the Top 1% of the World's Coffee—Fresh  
Roasted by our Master Roaster!

Each 12oz bag is only \$10.00

### **DarkRoast**

A blend of Central and South American coffees roasted to produce a strong, smoky flavor with tantalizing aroma. Perfect for those who add cream and sugar.

### **BreakfastBlend**

This coffee is a rich, smooth blend of medium-roasted Indonesian, Central, and South American beans. It has a rich, clean taste and pleasurable aroma. Perfect for your morning cup of coffee!

### **EspressoBlend**

Three of the world's best coffees have been masterfully roasted Vienna-Style for an espresso experience that's both sweet and rich with very little bitterness and a complex flavor.

### **OrganicBlend**

A delightful blend of coffees have been masterfully roasted Sicilian-Style for a flavorful experience that's dark and rich, with complex taste that is very smooth.

### **DecafDarkRoast**

Colombian Supremo beans have been processed to remove 98% of the caffeine content, roasted at high temperatures to a continental style, preserving the rich, sweet flavor, with smoky French roast overtones.

### **DecafEspresso**

Latin American and Indonesian coffees have been carefully roasted and blended for lively, intense flavor with a mellow finish. Suitable for all brewing types.

CUSTOM ROASTED BY  
**HUMBOLDT BAY COFFEE COMPANY**



Coffee is \$10  
per bag.

(Coffee is ordered every two weeks once school starts in August)

U-Prep 15oz,  
Mugs are \$15

(Mugs are in stock)

For more  
Information  
contact

Sally  
vonDachenhause  
At 245-2790 or  
svond@suhsd.net



## ATHLETIC BOOSTERS FALL UPDATE

### DID YOU KNOW?

- \*Boosters provide approximately \$15,000 per year to help support sports programs.
- \*Boosters raise funds by running of the Snack Shack and selling various apparel as well as memberships.
- \*Boosters provide a \$250 scholarship to one male and one female senior athlete.
- \*Boosters donates to U-Prep's Sober Grad Event.

### HOW CAN YOU HELP?

- \*Work in the Snack Shack.
- \*Be a line judge for volleyball
- \*Run the clock for basketball games
- \*Work at Athletic Boosters Fundraisers
- \*Keep the books/stats
- \*Become a Booster Member!!

We have had such a tremendous response to our call for help, **THANK YOU!** We appreciate your willingness to help. As the games and events unfold, we will be contacting you for your help. If you have not received your membership card or t-shirt for joining Boosters, please contact me at [monicam@shasta.com](mailto:monicam@shasta.com).

### FINANCES

Boosters began the school year in August of 2009 with a balance about \$7,200. Below is last year's budget summary to give you an idea of income and expenses and how Boosters helps our athletic programs.

#### **2008/2009 BUDGET SUMMARY**

VOLLEYBALL	\$350	
LADIES BASKETBALL	\$1,157	
BOYS BASKETBALL	\$1,040	
WRESTLING	\$300	
BASEBALL	\$570	
SOFTBALL	\$470	
SCHOLARSHIPS	\$500	
SWIMMING	\$453	
TRACK	\$615	
GOLF	\$600	
GENERAL ATHLETIC FUND		\$4,000
NET INCOME – GOLF TOURNAMENT	\$1,538	
NET INCOME – SNACK BAR/CLOTH/MEMBERSHIP		\$5,672
SOCCER LOAN RE-PAYMENT	\$3,000	
WEIGHT ROOM RE-PAYMENT	\$487	
<b>TOTAL CONTRIBUTIONS</b>	<b>\$10,055</b>	

#### **2009/2010 OFFICERS**

President: Monica Micheletti

[monicam@shasta.com](mailto:monicam@shasta.com)

Past President: Don Chilton

Treasurer: Cindy Vincelli

[vincellifamily@charter.net](mailto:vincellifamily@charter.net)

Secretary & Snack Shack Coordinator

Vicki Singer

[dvkc73@att.net](mailto:dvkc73@att.net)

Does your fall sports team have an upcoming event that they would like the snack shack opened for? If so please contact Vicki Singer, Snack Shack Coordinator.

**GOOD LUCK FOOTBALL, VOLLEYBALL, SOCCER, CROSS COUNTRY, AND SWIMMING**

**Thank You For Your Support!!**

***HOLIDAY SEASON GIFT CARD  
ORDER DEADLINES***

**These are the deadlines for the holiday season gift card orders:**

<b><u>Order/Payment Deadline</u></b>	<b><u>Check Deposit/Order Placed</u></b>	<b><u>Ready for Pickup</u></b>
October 14th	October 15th	October 20th
October 30th	November 2nd	November 5th
November 13th	November 16th	November 20th
November 30th	December 1st	December 7th
December 10th	December 11th	December 16th

These are firm deadlines. The earlier you order the more likely you will get the gift cards in the denominations you request. The December 10th deadline is quick because of the winter break.

***HOLIDAY QUALITY FOODS GROCERY STORE GIFT CARDS***

**Holiday Quality Foods gift cards are available to pre-order now for November.**

**The cards come in \$20 \$50 and \$100 denominations. If you are interested in ordering, please email me at the address below. I will send you a confirmation email with payment information.**

**All checks for Holiday gift cards will be cashed no earlier than November 2nd so feel free to order early.**

**Your order will be available for pick up in the UPrep front office on November 5th.**

***SAFeway CLUB CARDS***

**October is Safeway Club Card renewal month. If you haven't already, get your Safeway Club Cards renewed at [eScrip.com](http://eScrip.com).**

**Contributions stop on all cards not renewed by October 31st.**

**Not registered? Go to [eScrip.com](http://eScrip.com) and sign up today.**

**Our School ID# is 500000315**

Click on [U Prep Scrip](#) to email me with orders, questions, or any other scrip related request. Thank you for your continued support.

Debbie Pappas

Scrip Coordinator