

**UNIVERSITY PREPARATORY SCHOOL**  
**Extra-Curricular Code**

*Adopted 10-25-95*

***Revised 11/12/02***

***Revised 11/1/06***

Extra-curricular activities are an integral part of our school curriculum and, as such, must contribute to the well-being of all participants. Participants are reminded they represent the school and community, and their actions must be a credit to both. All school rules apply in all extra-curricular activities.

The school strongly opposes student or parent-sponsored activities that condone or promote the use of tobacco, alcohol or drugs. Parents are encouraged to make sure their students are not involved in the use of these substances.

**1.0 SCHOLASTIC ELIGIBILITY**

A student shall be eligible to participate in all athletic programs and extra-curricular activities if he/she meets the following requirements:

- 1.1 A student must maintain a 2.0 grade point average at the end of each grading period to be eligible for extra-curricular activities. A waiver of the 2.0 GPA requirements will be permitted for any one quarter during a student's four years of high school (BP 6145).
- 1.2 Students are expected to maintain good citizenship and conduct themselves in an appropriate manner while in class and on campus, and while representing the school during athletic trips. Failure to do so may result in ineligibility.

**2.0 DOCUMENTARY ELIGIBILITY (athletics only)**

- 2.1 Athletic Health Screening Examination Record, parent permission forms, insurance forms, emergency consent forms, bus rules and other forms as required shall be recorded, and on file in the School Office. Parent or legal guardian signature is required.
- 2.2 ***An annual physical examination is required before a student may try out, practice or participate in interscholastic athletic competition.*** A student will be excused from the physical examination only in compliance with Ed Code provisions concerning Parents' Refusal to Consent. It is recommended that the physical be passed prior to purchasing insurance.
- 2.3 ***A physical examination is good for one calendar year.***
- 2.4 A prospective athlete shall either secure student insurance or have his/her parent or

legal guardian complete the Parents Certification Statement of Responsibility for Athletic Insurance. Proof of payment for student insurance or the statement of responsibility shall be on file at the school.

2.5 The District expects that coaching staff will provide an orientation for parents at the start of each sport season.

### 3.0 DOCUMENTARY ELIGIBILITY (other than athletics)

3.1 Appropriate parent permission forms and emergency forms shall be on file at the school. Parent or legal guardian signature is required.

3.2 The extra-curricular advisor shall determine rules concerning appropriate conduct for the specific activity.

### 4.0 ABSENCE FROM SCHOOL

4.1 Absence from school on the day of a scheduled extra-curricular activity shall result in denial of the privilege to participate. Students are required to attend a minimum of four (4) periods to be considered eligible for participation in the extra curricular activity. Exceptions may be granted by the school administration on a case-by-case basis. Participation in Saturday or holiday events will be affected by attendance the last school day preceding the event.

### 5.0 USE OF TOBACCO, ILLEGAL DRUGS OR ALCOHOL (during season of activity)

University Preparatory School believes that athletic programs are an integral part of the school curriculum and, as such, must contribute to the physical and mental health of the student athlete. To accomplish this, the District has enacted policies related to drug and alcohol use, both at school and outside of school activities.

In order to provide for the health and safety of the individual athlete and other athletes, to provide a legitimate reason for students to say "no" to drug use, and to provide an opportunity for those taking drugs to receive help in locating a program of assistance, the District is conducting a mandatory drug testing program for student athletes. The program is designed to create a safe, drug free environment for student athletes and assist them in getting help when needed.

Students who are under the influence, or in possession, of illegal drugs or alcohol are subject to this policy at school or school activities and also during non-school or non-school activities. Students who are under the influence or in possession at school or school activities are subject to school consequences as well as the athletic policy.

Students who attend an illegal activity (drugs or alcohol are served to minors) are also subject to this policy.

#### Definitions

**Drug:** Any substance considered illegal or controlled by the Food and Drug Administration. This includes tobacco products, alcohol, and performance enhancing supplements including steroids.

**Student Athlete:** Any student participating in athletic practices and/or contests under the control and jurisdiction of University Preparatory School.

**Sport Season:** A season begins on the first official day of practice or try out session and ends the day after the last contest for that sport. Official season opening dates will be no later than: Fall (August 1); Winter (November 1); Spring (February 1).

**Consent:** The parent or guardian and the student athlete are required to sign a written consent for drug testing prior to participating in the athletic program.

**Medication:** Student athletes who have taken or are currently taking prescription medication must declare this fact on the day of testing. The student must provide verification (either by a copy of the prescription or by doctor's authorization) if the drug test is positive. Students who refuse to provide verification and test positive will be subject to actions specified below.

**Student Selection:** All student athletes may be tested at the beginning of each season. Random testing will be conducted during the sports season. Random testing will be given by selecting names drawn from a "pool" of student athletes.

**Positive Test:** If the student's test indicates positive results, a split sample will be tested to confirm the results. Parents will be notified only when the second test is positive. The refusal by an athlete to take a urine test will be considered the equivalent of a positive test.

**Awards:** School letters, certificates or coaches awards

**Honors and Recognition:** All league, all section, and all star games

**Contest:** All CIF sanctioned competitions (scrimmages do not count as a contest)

### Action Taken

**First Offense:**

1. Notify parent or guardian.
2. A due process hearing will be conducted by the Principal of his designee with the parent/guardian and the student.
3. Student will be given the option of:
  - a. participating successfully in an assistance program (***evidence must be provided that the student has completed a five-week assistance/counseling program or has completed the SUHSD drug diversion program***), taking a weekly drug or alcohol test for six weeks (at the student's cost), and missing two weeks of

contests. The student may attend practice at the discretion of the coach. Students who do not complete a successful program are subject to the following:

- b. being suspended from all sports, practices and athletic activities for a period of nine weeks. If less than nine weeks are remaining in the sport, the suspension will carry over to the next sport in which the athlete participates.

Second Offense:

1. Notify parent or guardian.
2. A due process hearing will be conducted by the Principal or his designee with the parent/guardian and the student.
3. The student is suspended from all sports, practices and athletic activities for the remainder of the current season and the next athletic season in which he/she participates.  
The student will be re-tested before beginning the next season for which he/she is eligible.

Third Offense:

1. Notify parent or guardian.
2. A due process hearing will be conducted by the Principal or his designee with the parent/guardian and the student.
3. The student is suspended from all sports, practices and athletic activities for the remainder of the current season, *and will not be eligible for any more high school sports* unless the following conditions are met:
  - a. One year of random monthly drug testing at the student's expense in which the results are all negative. The student is not eligible for sports during this year.
  - b. At the end of the year, the parent requests that the Principal creates an appeals panel to consider reinstatement.
  - c. The appeals panel grants eligibility.

Any further violation of this policy will result in a permanent ban from District sports. Students who do not finish the season will not be eligible for awards, honors or recognition.

## 6.0 QUITTING AN EXTRA-CURRICULAR ACTIVITY

Any student dropping a sport or activity before the season ends shall not be eligible to practice or participate in another sport until the end of the season during which the drop occurred. Exceptions to this rule can be made by the principal.

## 7.0 EQUIPMENT

- 7.1 All equipment is issued to a student on a loan basis, subject to normal wear and tear. Equipment that is abused or lost must be paid for by the student to whom it was issued.
- 7.2 For a student to be eligible to participate in a subsequent activity, all equipment

must be turned in at the end of a season. Failure to do so shall result in school penalties.

## 8.0 TRANSPORTATION

8.1 When district transportation is provided, *students must be transported to and from school events on aforementioned transportation.* The two exceptions to this rule will be: if a parent or guardian contacts (by note or call) the principal or designee in advance of the activity. Upon direct authorization by the principal or designee, the student will be released by the coach, or person in charge, to the parent or guardian only for transportation following the school event; the second exception will be if the district transportation is for “drop off” purposes only, then the parent or guardian will not need to contact the principal or designee in advance of the activity.

8.2 Students may provide their own transportation for school events occurring 1/2 hour after the end of the school day, within the boundaries defined as “The Golden Triangle”: West Valley to Central Valley, Shasta/Foothill to Enterprise). When district transportation is provided, the rule above will be followed.

## 9.0 INTERPRETATION OF EXTRA-CURRICULAR CODE

The judgment of the Principal is final in regards to the investigation and application of this code.