



November 2007

Volume IV Issue IV

THE PRINCIPAL'S CORNER...

As always around this time of year, I'm amazed by the accomplishments of our students and grateful for the opportunity to work with such a committed and professional staff. Already the volleyball, football, soccer, swimming, and cross country seasons are behind us with basketball coming up soon. The first weekend in November brought spirit week, a rally and football game, teasers by *The Little Shop of Horrors* cast, and individual student honors. Rafael Delsid auditioned and was selected for the California Regional Honor Choir, and Ryan Stone became our first "commended scholar" for the PSAT. Two of our fine teachers were chosen by the faculty as our Educators of the Year. Brian Murphy will be recognized by the California League of High Schools and Romney Clements will be recognized by the California League of Middle Schools; both will be honored by state and local representatives of these organizations at a dinner and awards ceremony.

The WASC accreditation Visiting Committee was favorably impressed with U-Prep, leaving us with excellent commendations and recommendations for the future. As exhausting (and stressful) as the visit was, the self study process was certainly worthwhile. As I've mentioned before we won't be told our term of accreditation until February, but I have no doubt that the students, staff, parents, and Board will be pleased with our result. Thank you to all of the parents, community members, and students who served on focus groups and other committees. Thank you also to Mrs. vonDachenhause and the Yearbook Staff who graciously gave up their room for the VC's use. They liked it so much that they used Room 183 for their evening meetings. Special and heartfelt thanks go out to the PPC parents who prepared and served a delicious luncheon for over 60 people.

Speaking of the Panther Parent Club, this group also put on a fantastic Harvest Festival and Dance. At the same time Mr. Murphy worked with our seniors to make our first rummage sale a resounding success. With all of these recent achievements to appreciate, it may surprise you that our parent organizations are in need of members and volunteers. One of the things I always worry about is "wearing out" our wonderful parent volunteers. Between selling SCRIP, raising funds, assisting the faculty, and helping out with special events, our dedicated group of parents is busier than they should be. U-Prep probably has a parent group that speaks to one of your interests: We have Athletic Boosters, Music Boosters, TAB (Theater Arts Boosters), and the Panther Parent Club in addition to various student clubs. All of these organizations would welcome your assistance. If your time is limited, you could participate by becoming a member and making a monetary contribution or volunteering to work at one of the yearly fundraising events. Information on volunteering is available in the Main Office or from any of our parent volunteers. Thanks for your help!

WASC UPDATE

*Now that the arrival and departure of the Visiting Committee is a memory rather than a future focus, Mrs. Malain and I are looking forward to reviewing their commendations and recommendations. Each month someone will write an update on one of the recommendations—it could be a staff or Board member, a student, a parent, or a member of the community. We will share the suggestion and provide an update of our progress toward the goal. These recommendations are the underpinning of our **Action Plan**. The final version of our plan will soon be available on our website. In fact, this segment of the newsletter will be renamed “Action Plan Update.” For now, I would like to provide you a list of the overall commendations that the VC presented to the staff and community before they left on October 24th. I hope you will be as pleased as we were.*

WASC UPDATE

The WASC Visiting Committee commends the school for:

- The enthusiasm, dedication and professionalism of all staff in supporting students' learning and personal growth.
- Development of a rigorous college preparatory curriculum that is consistent with the school's mission and vision
- Unique programs and opportunities for students that support academic and personal growth such as the senior transition course, a focus on literacy, numerous visual and performing arts classes, the school newspaper and yearbook and numerous team sports
- Analysis of the STAR test score results to inform instruction and to make changes to the school curriculum
- A commitment to ongoing professional development for teachers and staff
- A comprehensive counseling and guidance program
- Appropriate use and planning of financial resources that support student academic and personal growth

Counseling Corner:

October proved to be another eventful month for U-Prep students, parents and staff. The most significant event that took place was our WASC Self Study Visit the week of October 21st. We will pass along the information about the WASC visit when available. Once again, we were reminded of the outstanding community of parents, students and staff who represent U-Prep.

On October 17th, the counseling staff administered the PSAT to over 90 students. The PSAT is a practice test for the SAT and allows students to become familiar with the kinds of questions and the exact directions you will see on the SAT. Taking the PSAT allows students to receive feedback on their strengths and weaknesses on skills necessary for college. Students will receive their scores sometime in December and we will interpret those scores during Advisory.

We are now in the second quarter of the fall semester and the first quarter grading period has come and gone. Remember, quarter grades allow you to monitor your student's progress prior to final semester grades. As always, I encourage all students to use their day-planner to stay organized and utilize Tutorial to ask questions and complete homework. U-Prep staff expects students and parents to use Aeries to monitor grades and assignments.

U-Prep's Financial Aid Night was Thursday, November 8th. Dennis Diestler, from College OPTIONS, was our guest presenter. Important information about the FAFSA, Cal Grant, scholarships, loans, and how to financially prepare for college were presented. If you were not able to attend, please contact Mrs. Gatlin at 245-2713 to receive a copy of the material.

On Tuesday, December 4th, we will be administering the PLAN test, which is the practice test for the ACT. The cost for the test will be \$11.00. You can register for the test in the Counseling Center.

Soon, Thanksgiving will be upon us so it is important for students to stay caught up on their course assignments and projects during Thanksgiving break. U-Prep's Counseling Center wishes your family a joyous Thanksgiving.

Mrs. Gatlin
245-2713
tgatlin@suhsd.net

Congratulations to our Students of the Month!

September

Joban Gill	Shannon Hearney
Kelci Gould	Sarah Carlisle
Roger Peters	Naomi Willis
Rosemary McNamara	

October

Maddi Youmans	Courtney Neimier
Marry Russ	Ajia Goodson
Sabrina Saechao	Phyllisia Kimbrough
Andrew Youngling	

Athletes of the Month

September

Megan Pickering	Michael Golden	Kim Vincelli
John Godert	Breanna Brown	Courtney Neimier
Jeremy Smith	Austen Mello	Michael Hampton
Jeff Martz	Andria Clagg	Sofia Prokop
Zach Stockton	Keeya Singer	

October

Jessie Arnold	Alyssa Petersen	Josh Garcia
Ali Goodman	Alyssa Stauffer	Sabrina Novenschi
Megan Hoffman	Brianna Nelson	Joanna Painter
Maya Mogensen	Alyssa Golenor	Josh Heide
Jeff Williamson	Rylan Willis	Mikey Ward
McKenzie Hoffman	Grace Jones	Abi Cecil
Liz Ackman	Elleri Bernandino	Ian McRae
Kate Pfeiffer		

Preventing the Spread of Infectious Diseases

The Maintenance and Operations staff at the Shasta Learning Center is aware that parents and students are concerned about how we prevent the spread of infectious diseases. Our department has used **Spartan NABC bathroom cleaner** for several years. NABC contains no acids, caustic chemicals or abrasives and can be used on surfaces other than bathroom fixtures. NABC is effective against Antibiotic-Resistant Bacteria; it kills Methicillin resistant Staphylococcus aureus (MRSA) and Vancomycin resistant Enterococcus faecalis (VRE). It also kills the Hepatitis C, Hepatitis B, HIV-1 and Herpes simplex Type 2 and Influenza A2/Hong Kong viruses. To learn more about NABC visit Spartan Chemical on the web.

Encouraging your children to wash their hands after using the restroom is the BEST way to keep the germs from spreading. Hand sanitizers can be used as well. All cuts and scratches should be cleaned, disinfected and covered. Students should not share personal items such as mascara and lipstick, etc. Students should also be reminded not to share food or drinks.

For More Information

[Skin Infections and MRSA Information for California Schools](http://www.cdph.ca.gov/healthinfo/discond/Documents/07MRSASchool.pdf)

[<http://www.cdph.ca.gov/healthinfo/discond/Documents/07MRSASchool.pdf>] (Outside Source; PDF; 99KB; 5pp.).

[A Parent's Guide to MRSA in California](http://www.cdph.ca.gov/healthinfo/discond/Documents/MRSAParentsGuide.pdf)

[<http://www.cdph.ca.gov/healthinfo/discond/Documents/MRSAParentsGuide.pdf>] (Outside Source; PDF; 692KB; 2pp.).

BIG CHANGE!

PICK UP IN THE LOWER LOT

Starting after the Thanksgiving Break, we will open the white gate at the west end of our lower parking lot **at 3:35** to help with traffic. Parents will now be able to to form a single line, pick up their children, drive to the opposite end of the parking lot, and exit onto Pioneer Drive. From Eighth Street, you may access Eureka Way through a number of streets including Court Street, Eleventh Street and Magnolia Avenue. It is our hope that this change will alleviate some of the congestion and make the parking lot a safer place for our students. Please remember to drive slowly through any school parking lot or on any adjacent street. Thanks for your support and a special thanks to the parent who suggested this solution.

Class of 2008 Rummage Sale

A big Thank You to all of U-Prep's Parents, Students, and Staffs who assisted with the Class of 2008 Rummage Sale.

Thank You to all who donated items to the Sale.
The Class of 2008 raised over \$2200.00!

Athletic Boosters Update

Thank you to all of the parents and students who volunteered to work concessions at the Salmon Festival on October 20th. Attendance was reported at 15,500 and we raised over \$2,700 for Athletics. What does Boosters do with their funds? Boosters typically pay for all sports teams to enter one tournament per year and we should be able to continue that trend this year.

With basketball season upon us, Boosters is in need of someone willing to coordinate winter snack bar coverage and Parents willing to work in the snack bar during jr. high and high school games. Contact Don Chilton at 225-4532 or e-mail him at dchilton@ci.redding.ca.us if you are willing to help. Boosters next meeting is November 27th at 6 p.m. in the board room.

The site below is the link for the membership form.
http://www.ups.suhsd.net/Booster_Member_ship.pdf

U-Prep Yearbook

A Great Gift Idea!

More Pages, Larger size, All Color!
The 2008 yearbook is on sale for only
\$80.

Also, new this
year,
students can have the book personalized
with their name imprinted on the front
cover for only
\$5.00 more.

Order forms are on line or can be picked up
in the main office.

Books will be on sale until **January 18, 2008**

Our 2007 yearbook just received a **Gold
Medal** from the

Safe and Sober Grad.

This year's Scrip proceeds benefit your child's Safe and Sober Graduation Fund. The more scrip sold means the more your Child's grade level fund earns! Visit www.shopwithscrip.com website, sign up and start shopping. Last year we sold over \$40,000 in Scrip and this year with U-Prep grade levels full to capacity we would like to sell \$100,000 worth! It's not hard, so jump upon the Scrip bandwagon; your children reap the rewards! Any questions contact Vicki at dvkc73@charter.net

USING SCRIP IS EASIER THAN EVER...

You may now order SCRIP online by clicking on the link on our website's home page. It only takes a few minutes to sign up and then the process becomes even easier. Ordering online gets your order faster. All you have to do is order and then drop off your check in the SCRIP mailbox outside our Main Office.

U – Prep is currently seeking coaches for their 6th & 7th grade Boy's Basketball Teams for the 2007-2008 season. All applicants must be cleared through office and will need CPR training. If interested please contact Chris Combs 245-2790 ext. 16543 or email ccombs@suhsd.net.

Early Release Days

12/3/07

Winter Break

Winter Break begins December 21, 2007
Students return to school on January 9, 2008

Class Interruptions

Please help us minimize class interruptions by sending your student to the Main Office with a note whenever he/she needs to leave school for an appointment. Thank You.

Thank you to all of the parents and students (cast and crew) who worked so hard to make "Little Shop of Horrors" such a success! We couldn't have done it without any of you!!!



Ms. Clements, Mr. Fowers and Mr. Santos

"Congratulations to Rafael Delsid for his acceptance and participation in the California Regional Honor Choir in Stockton, California. A chosen few students from around the state are chosen every year to participate in this Honor Choir event and we are very proud to have Rafael representing our school."

FREE SCHOOL SUPPLIES

Office Depot gives 5% back to our school every time our students and parents purchase from them with our ID code. Remember U-Prep when you shop! ID # 70205229

Thank You to all who supported PPC and the 4th Annual Harvest Festival. We appreciated all of your hard work and the many candy donations!

Congratulations to Dottie Dawes who won our 1st annual Cow Patty Bingo!

U-PREP FOOTBALL HAS SUCCESSFUL SEASON
The inaugural U-Prep Football team has been established! The Junior Varsity Panthers played six games this season, two of which were at Gilmore Field. The Panthers played several games as Dunsmuir's JV team this year, so traveling was frequent. U-Prep will join the realigned Evergreen League next year as a JV and VARSITY TEAM with a full 10-game schedule and 5 home games! The team is looking forward to next year as they will have more home games to play in front of the best crowd in town!



The junior high cross country season was a great success. We had 18 runners in the 6th and 7th grades that were enthusiastic and very hard working. We finished our season very strong with the 6th grade girls winning the team championship for our entire league! What a great season and we look forward to next year.

Hey U-Prep Soccer Faithful! Congratulations on finishing a great fall season. We are always moving closer to showing the community that U-Prep Soccer is a school that leads the way in support of soccer players in this area. The Panther Soccer Camp this summer hosted 250 students from around the area meeting a great need for an inexpensive, quality community camp for grades Kindergarten through 12th grade. Our Jr. High Boy's teams found themselves in a competitive league this year that gave us a beneficial challenge. Our J.V. Boys Soccer team placed 1st in their league. This is no small task considering the schools they play are Enterprise, Foothill and Shasta. These schools are more than 5 times our size. Also, our Varsity Boys were first in their league. They also successfully defended their Division Championship for the Northern Section. What a great accomplishment this year and what a bright look into the future this fall season has given us. Go Panthers!

Cross Country Season Update

The Panther cross country team got off to a slow start this year because of the new coaching change. They gradually picked up the pace and ended up having a great season. The members of the boys team were Jeff Martz, Tyler Fisher, David Aunchman, Michael Esplin, and Mikey Ward. Jeff Martz led the way for the Panthers and had several strong finishes but was limited at the end of the season due to a nagging injury. Mikey Ward had several strong finishes and will be a force to reckon with in the upcoming years because he is only a freshman. Tyler Fisher was a strong runner and had several great starts in league meets. David Aunchman and Michael Esplin continued to improve throughout the year and had great attitudes. Way to go Panthers!!! Coach Garcia would like to thank Jeff for all his hard work and dedication and leaving a great legacy for the younger runners to follow here at U-Prep. The members of the girls team were Andria Clagg, McKenzie Hoffman, and Ajia Goodson. Andria was the top runner for U-Prep and placed in several races during the season. She got stronger as the year progressed and ended up qualifying for the state meet on November 24th in Fresno. McKenzie Hoffman was the league JV champ. She made tremendous strides throughout the season and made a serious dent in her times. Ajia battled with McKenzie all season. They finished close to one another in almost every race. She pushed herself constantly and has a great attitude. Coach Garcia looks forward to next season and would like to extend an invitation to all U-Prep students to come and be a part of the Cross Country team and help to build a strong tradition of running.

Challenge

Christmas is coming and Scrip is here to make your lives easier!

Going to Disneyland---BUY SCRIP

Staying in a hotel----BUY SCRIP

Eating at a restaurant—BUY SCRIP

Shopping at Best Buy—BUY SCRIP

Are you seeing a pattern here? Parents, this is one of the easiest things you can do to help earn money for the school, and by the way, **IT COSTS YOU NOTHING!** It really can not get any easier... but just to add another incentive:

PPC is offering *an ice cream party* to the advisory class that brings in the most scrip orders from now until December 13th. One party for the Jr. High and one for the High School. Oh, but wait that's not all!

PPC is also offering a *dinner for two to Outback Steakhouse*. Every order that you place gets your name entered into a drawing and at the end of the year, we pick a lucky winner!

As if that is not enough.....PPC is willing to donate extra money to THIS YEAR'S SENIOR CLASS'S, Safe and Sober graduation party- if we reach \$100,000 in sales! We are already donating a portion of scrip sales to every class for their safe and sober party.....but we would love to do more!

WE CAN NOT DO THIS WITHOUT PARENTS SUPPORT!

We would like to take a moment and thank the following loyal Scrip users:

The Chilton Family
The Edwards Family
The Robbins/Stockton Family
The Daubs Family
The Carey Family
The Lubben Family
The Akman Family
The Bellinger Family
The Knak Family
The Baldwin-Pulcini Family
The Isheim Family
The Davis Family
The Wilcox Family
The Jauch Family
The Domb Family
The Pickering Family
The Bray Family
The Winberry Family
The Pfeiffer Family
The Doer Family

The Hosler Family
The Bryant Family
The Hibbard Family
The Wright Family
The Sulier Family
The Peasha Family
The Wright Family
The Chin Family
The Griffith Family
The Williams Family
Mrs. Malain
The Leffler Family
The Petraitis Family
The Northrup Family
The Long Family
The McNamera Family
The Neves Family
The Andersen Family
The Worthen Family
The Shoop Family

The Stimpel Family
The Stuart Family
The Yorton Family
The Ray Family
The Chamberlain Family
The Hibbard Family
The Hostetter Family
The Burrell Family
Mrs. Stuart
Mr. Reagan
Mrs. Bourne
Mrs. vonDachhausen
Mr. Kaukonen
Mrs. Clements

Order Scrip Online!

www.shopwithscrip.com

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Check out the link on U-Prep's Home

Take the Challenge... Order Scrip!